

# DAVENTRY DOLPHINS SWIMMING CLUB

## Club Championships

This policy is written to outline the requirements and procedures regarding the conditions under which a swimmer can enter a Daventry Dolphins Club Championships.

Club Championship shall be held annually and shall be split into two main grouping which are designated as:

- Sprint Championships
- Main Club Championships
- Long Distance Championships

The age groups, strokes and distances related to the above designated grouping are shown in the tables below:

### Sprint Championships

Stroke	Distances	Age Groups (Years)				
		8 & Under	9 and 10	11 and 12	13 and 14	15 and Over
Freestyle	25	✓				
	50		✓	✓	✓	✓
Breaststroke	25	✓				
	50		✓	✓	✓	✓
Backstroke	25	✓				
	50		✓	✓	✓	✓
Butterfly	25	✓				
	50		✓	✓	✓	✓
Individual Medley	100	✓	✓	✓	✓	✓

### Main Club Championships

Stroke	Distances	Age Groups (Years)				
		8 & Under	9 and 10	11 and 12	13 and 14	15 and Over
Freestyle	50	✓				
	100		✓	✓	✓	✓
Breaststroke	50	✓				
	100		✓	✓	✓	✓
Backstroke	50	✓				
	100		✓	✓	✓	✓
Butterfly	25	✓				
	50		✓			
	100			✓	✓	✓
Individual Medley (Open)	200	✓	✓	✓	✓	✓

## Long Distance Championships

Stroke	Distances	Age Groups (Years)		
		See Below	13, 14 and 15 Years	16 Years and Over
Freestyle	400	9, 10, 11 and 12 Years	✓	✓
	Girls 800	10, 11 and 12 Years	✓	✓
	Boys 1500	11 and 12 Years	✓	✓

The age groups are defined as age at the day of the appropriate Championship. The events shall be swam in the order defined by the Swimming Club and the results will be declared as 'heat declared winners'

## Regulations

The regulations for entering a Club Championship are detailed below:

- To be eligible for a Club Championship the swimmer must be a fully paid up member of Daventry Dolphins Swimming Club for the three months prior to the event. Fully paid up members are defined as having paid their annual membership fee and monthly squad fees for their squad
- If a new member does not meet the criteria set out above they may swim in the event as a time trial
- The times used for entry shall have been achieved in the previous 12 months
- A swimmer may be entered with no time but will be required to swim in the appropriate seeded heat
- They shall enter the Club Championship by completing the entry form and returning it to the Club by the date shown on the entry form. Members who do not do so by the closing date shall be refused entry.
- Daventry Dolphins shall notify all members of the date of the Club Championships by posting the date on the notice board at the Daventry Leisure Centre and the Club's web-site at least three (3) calendar months prior to the event. Entry forms shall be available to members at least 4 weeks prior to the event
- Only one Club Championships (e.g. Sprint Championships) shall be held in any one year calendar year. The next Club Championship (e.g. Sprint Championships) shall not take place until 6 months as lapsed. This condition applies to the main and long distance championships
- The Swimming Club will provide suitable awards that will be presented to the swimmer
- Awards that are to be returned shall be returned in a clean condition by the date requested. The swimmer shall be responsible for any engraving
- An age group competition shall be held in both the Sprint and Main Championship. The method for determine the overall placing is contained in Appendix 1.

## Conditions not Covered by this Policy

Any other matters not covered by this policy shall be decided by the Swimming Club Committee but must follow the ASA and Club rules and regulations

## **Appendix 1 - Age Group Competition Points Criteria**

An Age Group Competition' shall be held in both the Sprint and Main Championships. This competition shall be determined by collecting points from the freestyle, breaststroke, backstroke and butterfly events.

A trophy will be awarded to the Age Group Champion of each age group based of the total points given for their position in each event as follows:

1st place	-6 points	
2nd place	-5 points	
3rd place	-4 points	etc

If the points are equal the winner will be the swimmer with the most first places then second places etc. If they are still equal they will share the championship. Suitable awards shall be will be awarded to the first three places.