



Club Operating Procedures. Reviewed September 2008

The Daventry Dolphins Swimming Club hire the Pool at Daventry Leisure Centre as follows:

Monday 6pm to 9:30pm

6pm to 7pm 6 lanes Bronze and Silver squads
7pm to 8.30pm 4 lanes Gold, Junior Olympic squads
7pm to 9.30pm 2 lanes Olympic squad
8.30pm to 9.30pm 4 lanes Aqua Squads

Thursday 6:30pm to 9:00pm

Blood flow land exercises on poolside 6.30pm to 7.00pm.
7pm to 9pm 6 lanes as listed below:
7pm to 8pm 2 lanes silver squad
8pm to 9pm 2 lanes gold squad
7pm to 9pm 4 lanes Junior Olympic and Olympic squads

Friday 7pm to 9pm

7pm to 8pm Bronze and silver squads 3 lanes
8pm to 9pm Aqua and 'make up' invitation squad 3 lanes

Sunday 6pm to 8pm

5.30 pm to 6pm Land training
6pm to 8pm Junior Olympic and Olympic squads
6pm to 7pm Gold squad
7pm to 8pm Aqua squad

The Club also hires the Daventry Leisure Centre Pool for competitive Team Galas / Junior Development Galas / Club Championships events and for specialist skills sessions.

During practice sessions (and competition warm ups), Lanes 1, 3 and 5 will swim in a clockwise direction, lanes 2, 4 and 6 will swim in an anti-clockwise direction. No diving unless under the instruction of the teacher / coach or Team manager.

During these session times, all participants will adhere to the Daventry Dolphins Swimming Club Code of Conducts (there is one for swimmers and one for parents / carers) AND the Daventry Leisure Centre (Soll) Pool Operating Procedures. Failure to comply with the operational procedures and Code of Conducts may result in verbal and / or written warnings and may lead to disciplinary action being taken by the Club and / or Centre management.

Daventry Dolphins Swimming Club has Public liability insurance, and a copy of the Certificate is posted on the Club notice board which is located near to the spectator entrance. Qualified swimming instructors are members of the Institute of Swimming (IOS) and have their own Civil Liability Cover. Teachers / Coaches have a strict Code of Ethics to comply with.

Risk assessments are required to be carried out annually but in practice, the Club has a policy of risk assessing on a continuous basis and liaising with SOLL management.

Details of the Club Officers / committee members and contact details are posted on the Club notice board.

Teachers / coaches have to keep a register and contact details of the participants.

In the event of an accident / incident, a record will be kept by the Club.

The Club has a designated Welfare Officer and it strongly supports the Amateur Swimming Associations Child Protection Policy. It is a requirement that ALL persons 18 & over coming into direct or non direct contact with the children are checked for suitability through the Criminal Records Bureau with renewals applied for every 3 years.

Communication will be mainly made by electronic mail or telephone. However, to keep administration costs to a minimum, information will only be posted out if members do not have the latter.

The Club has its own website: www.daventrydolphins.co.uk with links to external sites, which is regularly updated with lots of useful information