



Davenport Dolphins Swimming Club
Affiliated to :East Midlands Region,
Northants ASA
Swim At Davenport Leisure Centre
President : Mrs Lesley Sharp
Date: October 2008

CODE OF CONDUCT AND SAFETY NOTICE FOR SWIMMERS

Appendix A

- Swimmers must make themselves aware of the fire / emergency exits from the poolside and changing rooms, whether training or competing.
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- Swimmers must not go onto poolside unless a club official is present.
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- All swimmers must obey the instructions given to them by a club official at all times, both on poolside or in the vicinity of the pool, such as the changing rooms / Leisure Centre foyer
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- Absolutely no messing about with any items of clothing or pool equipment or with other people we may be sharing the facility with. This includes members of your own squad , other squads and possibly members of the public.
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- No larking about or running on poolside. Make yourself aware of the Pool rules
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- Abusive language or bad behaviour will not be tolerated and may lead to disciplinary action being taken. *Below the 4 strike rule
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- Anyone caught bullying or abusing other swimmers will be reprimanded and may be expelled from the club. *See 4 strike rule
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- Swimmers must wear the correct swimwear, including hats, goggles, towels and training equipment and always carry a spare of this equipment. Swimmers must always bring a drink to poolside but **never** in a glass bottle.
At all team events swimmers must wear their club shirt.
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- On no account must you leave poolside without informing your teacher / coach / team manager or poolside competitive steward first.
- No sharing drinks bottles
No sharing medication (ie asthma inhalers)
No smoking
No alcohol
- **BE RESPECTFUL**- respect is a 2 way thing, to earn respect you first have to give it.
- Respect your coach and fellow swimmers and they will respect you.

4 Strike Rule: As set out in Main code of conduct

1. Verbal warning by Coach / Team manager
2. Verbal warning by Committee chairperson
3. Written warning by Committee chairperson
4. Suspension / exclusion by Committee decision

DAVENTRY DOLPHINS SWIMMING CLUB COMMITTEE

REVISED OCTOBER 2008

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