

## **RUGBY OPEN MEET 2010 – Level 2 (2WM0200) and 3 (3WM0201) Saturday 10<sup>th</sup> & Sunday 11<sup>th</sup> April 2010**

### **Promoter's Conditions and Competition Information**

1. The Promoter of the Rugby Swimming Club Open Meet 2010 is Rugby Swimming Club.
2. The competition will be held under A.S.A. Law & A.S.A. Technical Rules.
3. All events will be heat declared winners.
4. This meet is licensed by the ASA for entry into National Competitions for Level 2 events only.
5. Age groups will be:  
Girls & Boys – 9/10 years\*\*, 11/12 years, 13/14 years, 15/over.  
200m & 400m events will be Junior (13/under) & Senior (14/over)  
**Age is at 11/04/2010.** (\*\*10 yrs for 100m events)
6. Awards will be made to the first three swimmers in the 9/10\*\*, 11/12, 13/14 and 15/over age groups. (\*\*10 yrs for 100m events) for level 2 and level 3 events.  
In 200m and 400m heat declared events awards will be made to the first three swimmers in the Junior (13/under) & Senior (14/over) age groups.
7. Qualifying times for the level 2 meet are as set by the ASA (attached). Level 2 qualifying times will be the upper time limit for level 3 entries. Level 3 qualifying times are attached.
8. Entry fee - **£4.50 per event**. This fee is to accompany the entry form and will be non-returnable if the entry is accepted. (Cheques to be made payable to 'Rugby Swimming Club').
9. The closing date for entries is midnight on **11<sup>th</sup> March 2010**.
10. The Promoters reserve the right to restrict the number of entries per event on an entry time basis for each age group.
11. All details of accepted/rejected entries will be posted on the club website ([www.rugbyclub.com](http://www.rugbyclub.com)) and no details will be sent by post. This event will not have entry cards. All details must be checked and any changes notified immediately. Refunds for any rejected entries will be made at the meet. Non collected returns will be posted to the club.
12. A results service will be operated and separate level 2 and level 3 results files will be provided to the ASA Rankings Department.
13. Officials will be in accordance with level 2 requirements.
14. Competitors not reporting in time for an event may be excluded from that event.
15. Over the top and side by side (for backstroke) starts may be used.
16. No entries will be accepted on the days of the meet.
17. The meet is held subject to the permissions granted and requirements of the ASA Technical Swimming Committee in July 2009 allowing level -2 and level -3 licensed competitions to be run concurrently at the same venue. These will be self contained events for each of the license levels granted.
18. Times are as stated on the programme of events but may vary and changes will be notified on the club website.
19. Competitors may enter events at level 2 and/or level 3 but not the same event (stroke/distance) provided they meet the necessary qualifying times
20. Any item not covered within these conditions will be at the sole discretion of the Promoter.

### **Note:**

How it works – entries will be accepted for level 2 and level 3 events. On the day of the meet the level 2 entries (for example 200m backstroke) will be combined with the level 3 entries (for the 200m backstroke) swimmers will be seeded as one event and the event will be swum in heats as one event.

Results will be produced for level 2 events and level 3 events separately and awards given for level 2 and level 3 in each age group.

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**INDIVIDUAL ENTRY FORM**

FORENAME(S)..... SURNAME .....

ADDRESS ..... DATE OF BIRTH .....

..... AGE AS AT 11/04/2010.....

..... SEX - Male / Female

TELE. No: ..... CLUB.....

A.S.A. REG. No.																			
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<i>EVENT</i>	<i>Event No</i>	<i>Level 2 / Level 3</i>	<i>Entry time</i>
50m FREESTYLE			
100m FREESTYLE			
200m FREESTYLE			
400m FREESTYLE			
50m BACKSTROKE			
100m BACKSTROKE			
200m BACKSTROKE			
50m BREASTSTROKE			
100m BREASTSTROKE			
200m BREASTSTROKE			
50m BUTTERFLY			
100m BUTTERFLY			
200m BUTTERFLY			
200m INDIVIDUAL MEDLEY			
400m INDIVIDUAL MEDLEY			

**POOL LENGTH:  
25m**

**ENTRY FEE:  
£4.50 per event**

No. of events entered @ £4.50 ..... Total Cost .....

No. of (pre-booked) coaches passes @ £10.00 (1 day only) .....@ £15.00 (2 days).....NO MEAL

No. of (pre-booked) coaches passes @ £15.00 (1 day only) .....@ £20.00 (2 days).....MEAL INC.

Signature of swimmer ..... Date .....

Signature of Club Official .....

Cheques to be made payable to 'Rugby Swimming Club'. Entry fee must accompany entry form.

**Return address for entries:**

**This form to be returned to:- Meet Secretary 4 Brafield Leys, Rugby CV22 5RZ  
by midnight on 10<sup>th</sup> March 2010.**

**No cards will be issued – confirmation on website [www.rugbysc.com](http://www.rugbysc.com)**

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**PROGRAMME OF EVENTS**

**Saturday 10<sup>th</sup> April 2010**

<b>Session 1</b>	<b>Warm up 8.30am</b>	<b>Start 9.30am</b>	<b>Estimated finish 12:00</b>
Event no.			
1	Girls 200m	Breaststroke HDW	9 years & over (L2)
2	Girls 200m	Breaststroke HDW	9 years & over (L3)
3	Boys 200m	Breaststroke HDW	9 years & over (L2)
4	Boys 200m	Breaststroke HDW	9 years & over (L3)
5	Girls 100m	Freestyle HDW	10 years & over (L2)
6	Girls 100m	Freestyle HDW	10 years & over (L3)
7	Boys 100m	Freestyle HDW	10 years & over (L2)
8	Boys 100m	Freestyle HDW	10 years & over (L3)
9	Girls 50m	Butterfly HDW	9 years & over (L2)
10	Girls 50m	Butterfly HDW	9 years & over (L3)
11	Boys 50m	Butterfly HDW	9 years & over (L2)
12	Boys 50m	Butterfly HDW	9 years & over (L3)

<b>Session 2</b>	<b>Estimated warm up 1.00pm</b>	<b>Estimated start 2.00pm</b>	<b>Estimated finish 4.30pm</b>
Event no.			
13	Girls 200m	Backstroke HDW	9 years & over (L2)
14	Girls 200m	Backstroke HDW	9 years & over (L3)
15	Boys 200m	Backstroke HDW	9 years & over (L2)
15	Boys 200m	Backstroke HDW	9 years & over (L3)
17	Girls 100m	Breaststroke HDW	10 years & over (L2)
18	Girls 100m	Breaststroke HDW	10 years & over (L3)
19	Boys 100m	Breaststroke HDW	10 years & over (L2)
20	Boys 100m	Breaststroke HDW	10 years & over (L3)
21	Girls 50m	Freestyle HDW	9 years & over (L2)
22	Girls 50m	Freestyle HDW	9 years & over (L3)
23	Boys 50m	Freestyle HDW	9 years & over (L2)
24	Boys 50m	Freestyle HDW	9 years & over (L3)

<b>Session 3</b>	<b>Estimated warm up 5.00pm</b>	<b>Estimated start 6.00pm</b>	<b>Estimated finish 8.30pm</b>
Event no.			
25	Girls 100m	Butterfly HDW	10 years & over (L2)
26	Girls 100m	Butterfly HDW	10 years & over (L3)
27	Boys 100m	Butterfly HDW	10 years & over (L2)
28	Boys 100m	Butterfly HDW	10 years & over (L3)
29	Girls 50m	Backstroke HDW	9 years & over (L2)
30	Girls 50m	Backstroke HDW	9 years & over (L3)
31	Boys 50m	Backstroke HDW	9 years & over (L2)
32	Boys 50m	Backstroke HDW	9 years & over (L3)
33	Girls 400m	Ind. Medley HDW	9 years & over (L2)
34	Girls 400m	Ind. Medley HDW	9 years & over (L3)
35	Boys 400m	Ind. Medley HDW	9 years & over (L2)
36	Boys 400m	Ind. Medley HDW	9 years & over (L3)

**Sunday 11<sup>th</sup> April 2010**

<b>Session 4</b>	<b>Warm up 8.30am</b>	<b>Start 9.30am</b>	<b>Estimated finish 12.30pm</b>
Event no.			
37	Girls 200m	Freestyle Heats	9 years & over (L2)
38	Girls 200m	Freestyle Heats	9 years & over (L3)
39	Boys 200m	Freestyle Heats	9 years & over (L2)
40	Boys 200m	Freestyle Heats	9 years & over (L3)
41	Girls 100m	Backstroke HDW	10 years & over (L2)
42	Girls 100m	Backstroke HDW	10 years & over (L3)
43	Boys 100m	Backstroke HDW	10 years & over (L2)
44	Boys 100m	Backstroke HDW	10 years & over (L3)
45	Girls 50m	Breaststroke HDW	9 years & over (L2)
46	Girls 50m	Breaststroke HDW	9 years & over (L3)
47	Boys 50m	Breaststroke HDW	9 years & over (L2)
48	Boys 50m	Breaststroke HDW	9 years & over (L3)

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Session 5	Estimated warm up 1.30pm				Estimated start 2.30pm	Estimated finish 5.30pm
Event no.						
49	Girls	200m	Ind. Medley	HDW		9 years & over (L2)
50	Girls	200m	Ind. Medley	HDW		9 years & over (L3)
51	Boys	200m	Ind. Medley	HDW		9 years & over (L2)
52	Boys	200m	Ind. Medley	HDW		9 years & over (L3)
53	Girls	200m	Butterfly	HDW		9 years & over (L2)
54	Girls	200m	Butterfly	HDW		9 years & over (L3)
55	Boys	200m	Butterfly	HDW		9 years & over (L2)
56	Boys	200m	Butterfly	HDW		9 years & over (L3)
57	Girls	400m	Freestyle	HDW		9 years & over (L2)
58	Girls	400m	Freestyle	HDW		9 years & over (L3)
59	Boys	400m	Freestyle	HDW		9 years & over (L2)
60	Boys	400m	Freestyle	HDW		9 years & over (L3)

*Start times for sessions 2, 3 & 5 to be confirmed after entries have been received*

### MEET INFORMATION

- LOCATION:** The Meet will take place at The Ken Marriott Leisure Centre, Bruce Williams Way, Rugby CV22 5LJ  
The length of the pool is 25m (six lanes) with Omega Ares 21 electronic timing. The depth of water at the shallow end is 1 metre and at the deep end is 3 metres. There is a **large free car park** at the Leisure Centre and there is an adjacent recreation park with play areas. The Leisure Centre is only a short walk from the town centre.  
The pool is about 10 minutes from junction 1 of the M6 and junction 18 of the M1.
- REFRESHMENTS:** Hot and cold food will be available throughout the day in the cafeteria at the Leisure Centre.
- SWIM SHOP:** A Swim Shop will be open in the cafeteria during the course of the meet with a large range of stock.
- SPECTATORS:** There is a large spectator balcony at the Leisure Centre.
- COACHES:** Pre-booked coach's passes will be available at a cost of £15.00 for 1 day and £20.00 for 2 days. This includes a programme, club result sheets for all sessions and refreshments between session 1 & 2, 2 & 3 and 4 & 5.  
Pre-booked coach's passes **without meals** will be available at £10 for one day and £15 for 2 days.  
***Coaches passes will NOT be available on the days of the Meet.***
- OFFICIALS:** Officials from other clubs are most welcome and should contact the Meet Secretary, 4 Brafield Leys, Rugby CV22 5RZ, if they are able to officiate.
- MEET MANAGEMENT:** The CORGI (Roy Smiles Ltd) meet management system will be used to run the meet.

**NO ENTRIES (INCLUDING TIME ONLY) WILL BE ACCEPTED ON THE DAYS OF THE MEET**

***No cards will be issued – entry confirmation on website [www.rugbysc.com](http://www.rugbysc.com)***