

## Rugby Open Meet 2010

Minimum Qualifying Times for Level 2 **and** Maximum Qualifying Times for Level 3

Short Course (25m) times

<b>BOYS</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15/ov</b>
50m Freestyle	42.1	39.3	37.2	35.1	33.1	31.3	29.9
100m Freestyle		(01:25.0)	01:20.6	01:15.7	01:11.1	01:07.3	01:04.6
200m Freestyle	03:22.8	03:06.0	02:54.8	02:44.7	02:35.0	02:26.6	02:20.8
400m Freestyle	07:20.6	06:31.8	06:06.0	05:46.0	05:26.8	05:10.4	04:57.5
50m Breaststroke	55.1	51.3	48.0	45.1	41.9	39.6	37.7
100m Breaststroke		(01:56:0)	01:43.4	01:36.9	01:30.1	01:25.1	01:21.0
200m Breaststroke	04:17.8	03:59.0	03:42.4	03:29.2	03:15.3	03:03.9	02:55.8
50m Butterfly	47.4	43.8	41.0	38.8	36.4	34.3	32.5
100m Butterfly		(01:38.0)	01:30.4	01:24.6	01:19.1	01:14.4	01:10.7
200m Butterfly	04:08.3	03:37.3	03:18.2	03:06.6	02:54.7	02:44.7	02:35.5
50m Backstroke	48.6	45.1	42.5	40.3	37.6	35.8	33.9
100m Backstroke		(01:35.8)	01:30.5	01:25.2	01:19.7	01:15.0	01:11.5
200m Backstroke	03:43.8	03:26.7	03:13.3	03:02.6	02:51.1	02:41.4	02:34.3
200m Individual Medley	03:49.7	03:32.2	03:17.6	03:06.8	02:55.8	02:45.3	02:38.2
400m Individual Medley	08:15.6	07:35.6	06:59.7	06:34.3	06:12.0	05:50.3	05:34.6

() = for swimmers who will be 10 by the time of the relevant regional competition

<b>GIRLS</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15/ov</b>
50m Freestyle	42.6	39.9	37.7	35.7	34.3	33.3	32.5
100m Freestyle		01:27.6	01:21.3	01:16.6	01:13.5	01:11.3	01:09.9
200m Freestyle	03:24.5	03:06.8	02:55.4	02:44.9	02:38.0	02:33.5	02:30.2
400m Freestyle	07:25.4	06:35.7	06:04.9	05:43.7	05:29.8	05:20.8	05:13.8
50m Breaststroke	55.9	51.7	48.3	45.4	43.2	41.8	40.8
100m Breaststroke		01:52.5	01:43.5	01:37.3	01:32.3	01:28.7	01:27.1
200m Breaststroke	04:20.0	03:59.5	03:42.1	03:28.8	03:18.2	03:11.5	03:07.9
50m Butterfly	47.9	43.9	41.3	39.1	37.3	36.1	35.2
100m Butterfly		01:39.3	01:30.9	01:24.9	01:21.2	01:18.3	01:16.9
200m Butterfly	04:11.0	03:40.0	03:20.2	03:06.4	02:57.3	02:51.0	02:46.9
50m Backstroke	48.9	45.3	42.7	40.5	38.7	37.5	36.8
100m Backstroke		01:38.5	01:31.0	01:25.3	01:21.4	01:19.0	01:17.1
200m Backstroke	03:46.2	03:28.7	03:12.5	03:01.7	02:54.3	02:49.2	02:44.8
200m Individual Medley	03:51.6	03:32.7	03:17.9	03:06.3	02:58.8	02:53.1	02:49.5
400m Individual Medley	08:12.3	07:35.3	06:57.3	06:32.0	06:14.4	06:03.1	05:55.8

## Rugby Open Meet 2010

**Revised**

Minimum Qualifying Times for Level 3

Short Course (25m) times

<b>BOYS</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15/ov</b>
50m Freestyle	48.8	45.3	42.3	39.7	37.0	34.4	32.4
100m Freestyle		( 1:39.3)	1:31.9	1:25.7	1:19.6	1:14.1	1:10.1
200m Freestyle	3:55.9	3:35.4	3:19.9	3:06.9	2:53.9	2:41.6	2:33.0
400m Freestyle	8:30.1	7:34.5	6:59.2	6:33.0	6:06.9	5:42.1	5:23.6
50m Breaststroke	1:03.5	58.8	54.5	50.8	46.8	43.5	40.9
100m Breaststroke		( 2:08.5)	1:57.5	1:49.4	1:40.7	1:33.5	1:28.0
200m Breaststroke	5:00.0	4:35.4	4:13.1	3:56.4	3:38.3	3:22.2	3:10.7
50m Butterfly	54.8	50.3	46.5	43.8	40.6	37.6	35.2
100m Butterfly		( 1:53.4)	1:42.7	1:35.5	1:28.3	1:21.7	1:16.7
200m Butterfly	4:47.1	4:09.1	3:45.8	3:30.8	3:15.1	3:01.0	2:48.8
50m Backstroke	56.2	51.8	48.2	45.4	41.9	39.2	36.7
100m Backstroke		( 1:52.5)	1:42.8	1:36.2	1:28.9	1:22.4	1:17.6
200m Backstroke	4:20.6	3:58.1	3:40.4	3:26.4	3:11.4	2:57.5	2:47.5
200m Individual Medley	4:27.1	4:04.7	3:45.8	3:31.4	3:16.8	3:02.0	2:51.9
400m Individual Medley	9:34.5	8:44.8	7:58.6	7:27.2	6:56.4	6:25.7	6:03.7

() = for swimmers who will be 10 by the time of the relevant regional competition

<b>GIRLS</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15/ov</b>
50m Freestyle	48.5	45.5	42.5	39.9	37.7	36.2	34.5
100m Freestyle		(1:40.1)	1:31.8	1:25.7	1:21.1	1:17.8	1:14.2
200m Freestyle	3:50.5	3:34.0	3:18.2	3:04.7	2:54.3	2:47.6	2:39.8
400m Freestyle	8:23.3	7:33.2	6:52.9	6:25.1	6:04.3	5:50.4	5:35.1
50m Breaststroke	1:02.8	58.8	54.3	50.6	47.6	45.5	43.4
100m Breaststroke		(2:08.0)	1:56.4	1:48.5	1:41.6	1:36.7	1:32.9
200m Breaststroke	4:55.7	4:32.7	4:09.8	3:52.9	3:38.2	3:28.8	3:20.3
50m Butterfly	54.0	49.9	46.5	43.5	41.0	39.3	37.4
100m Butterfly		(1:52.6)	1:42.1	1:34.6	1:29.3	1:25.2	1:21.6
200m Butterfly	4:42.8	4:09.3	3:45.0	3:27.8	3:15.1	3:06.4	2:57.7
50m Backstroke	55.2	51.7	48.1	45.1	42.6	40.8	38.9
100m Backstroke		(1:52.2)	1:42.5	1:35.2	1:29.7	1:26.1	1:22.1
200m Backstroke	4:19.3	3:58.3	3:37.2	3:23.0	3:12.2	3:04.5	2:55.1
200m Individual Medley	4:23.1	4:03.1	3:43.7	3:28.3	3:17.1	3:08.9	3:00.6
400m Individual Medley	9:30.7	8:38.7	7:50.7	7:18.2	6:52.9	6:36.5	6:18.4