

Swimming news with the Daventry Dolphins by Lesley Sharp Club President

2011 Midlands Regional Masters:

Swimming is regarded as a young persons sport unless you are funded as a professional athlete in order to continuelike Mark Foster. Anyway, it's not only the young swimmers that compete for the Club. At the Regional Midlands Masters Championships held recently at Royal Leamington Spa.

The Masters Championships is split into Age groups starting with Age group 'Q' 18-24yrs going through to the oldest competing age group 80-84 years!

Daventry Dolphins SC had 2 swimmers competing, namely Darren Barber in age group 'A' 25-29yrs and Laura Collins aged 23yrs Age group 'Q' 18-24yrs both of whom enjoyed medal winning success.

Lauras results were as follows: 1st 200m breast, 1st 400m free, 1st relay medal with NSC, 2nd 100m breast, 4th 50m breast and 200m individual medley, 5th 50m and 100m free

Darrens results were: 1st 50m breast, 2nd 100m breast and 200m Individual medley, 3rd 200m breast, 7th 100m free.

It is great credit to these swimmers that they continue to train hard to compete at this level whilst holding down full time work commitments. Laura is a qualified physiotherapist who works out of the Luton & Dunstable hospital. Darren is a trainee teacher and is also a qualified Swim Teacher & coach who teaches out of the Daventry Leisure Centre and assists Head Coach Rob Sharp within the Club environment. Both these swimmers train with the Olympic squad but Daventry Dolphins also have a squad called Aqua specifically for those who wish to practice their aquatic skills. They have the opportunity to practice for 2 x 1 hour sessions per week. Some members of the squad use these sessions to practice for other aquatic sports such as water polo, open Water and for the swim section of triathlon

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