

2011 NASA COUNTY SWIMMING CHAMPIONSHIPS  
DAVENTRY DOLPHINS SWIMMING CLUB RESULTS AND REPORT

The 2011 NASA county Swimming Age Groups Championships were held at Corby East Midlands International Pool over 19<sup>th</sup> /20<sup>th</sup> February and 19<sup>th</sup> /20<sup>th</sup> March 2011.

Swimmers for the British Age Group Categories (BagCats)

Girls 9-13yrs / Boys 9-14yrs.

In the BagCats age groups swimmers compete for points and at the end of the Championships, the points are tallied to determine the overall best swimmer

Age bands:

A=9yrs / B=10yrs / C=11yrs / D=12yrs / E= 13yrs / F=14 yrs

G=15yrs / H=16yrs / I =17yrs+

100m individual events have finals for top 8 fastest swimmers irrespective of age. All other distances are HDW= Heat Declared winners.

Results are reported in event order.

Over the first two days of competition, the Daventry Dolphins swimmers were in fine form recording a massive 50 personal best times (pb) between them.

**Saturday 19<sup>th</sup> February:**

The pool was in 50m long course format.

Event 1 Male 1500m freestyle

4<sup>th</sup> Jack Bond Age band E

Event 2 Female 800m freestyle

4<sup>th</sup> Emma Bond Age band E pb

7<sup>th</sup> Rachel Sullivan Age band E pb

8<sup>th</sup> Sophie Iacovides Age band E pb

**Sunday 20<sup>th</sup> February 2011**

The sprints competition was swum with the pool in 25m length short course format

**Event 3 Male 100m individual medley**

2<sup>nd</sup> Joseph Iacovides Age Band C pb

2<sup>nd</sup> Senior Age Darren Barber

3<sup>rd</sup> Junior Age Joshua Sullivan (NSC)

5<sup>th</sup> Jack Bond Age Band E pb

7<sup>th</sup> James Smith Age band F pb

10<sup>th</sup> Joshua Holman Age band I

**Event 4 Female 50m butterfly**

3<sup>rd</sup> Sophie Iacovides Age band E pb

6<sup>th</sup> Emma Bond Age band E pb

6<sup>th</sup> Alex Gibbons Age Band D pb

7<sup>th</sup> Emily Sharp Age band B pb

7<sup>th</sup> Rachel Sullivan Age Band E pb  
8<sup>th</sup> Emily Smith-Williams Age band C pb

**Event 5 Male 50m backstroke**

1<sup>st</sup> Joshua Sullivan (NSC) Age band H  
2<sup>nd</sup> Joseph Iacovides Age band C  
3<sup>rd</sup> Jack Bond Age band E  
3<sup>rd</sup> Harry Ballmann Age band G pb  
4<sup>th</sup> Darren Barber Age band I pb  
7<sup>th</sup> Joshua Holman Age band I  
9<sup>th</sup> James smith Age band F pb

**Event 6 Female 50m breast stroke**

1<sup>st</sup> Anya Bennett age band C pb  
4<sup>th</sup> Alex Gibbons Age band D pb  
4<sup>th</sup> Sophie Iacovides Age band E pb  
7<sup>th</sup> Kimberley Mann Age band E pb  
11<sup>th</sup> Emily Sharp Age band B pb  
12<sup>th</sup> Emma Bond Age band E

**Event 7 Male 50m freestyle**

1<sup>st</sup> Jack Bond Age band E pb  
1<sup>st</sup> Joseph Iacovides Age band C pb  
2<sup>nd</sup> Joshua Sullivan Age band H  
6<sup>th</sup> Darren Barber Age band I  
7<sup>th</sup> Harry Ballmann Age band G pb  
9<sup>th</sup> Joshua Holman Age band I  
12<sup>th</sup> James Smith Age band F pb

**Event Male 100m individual medley final**

3<sup>rd</sup> Darren Barber  
8<sup>th</sup> Joshua Sullivan(NSC)

**Event 9 Girls 4 x 50m medley relay**, the Daventry Dolphins girls were disqualified for a technical infringement. However Carey Davis swimming the 1st (backstroke) leg recorded a personal best time of 33.97

**Event 10 Boys 4 x 50m medley relay**

4<sup>th</sup> Team Daventry Harry Ballmann / Darren Barber / Joshua Holman and Jack Bond  
Harry Ballmann also recorded a personal best time of 32.09 for the 1<sup>st</sup> (backstroke) leg of the relay

**Event 11 Female 100m individual medley**

3<sup>rd</sup> Carey Davis age band E pb  
4<sup>th</sup> Adele Jolley Age band H pb  
6<sup>th</sup> Sophie Iacovides age band E pb  
7<sup>th</sup> Anya Bennett age band C pb  
9<sup>th</sup> Emily Sharp age band B pb  
10<sup>th</sup> Emma Bond age band E

12<sup>th</sup> Rachel Sullivan age band E  
12<sup>th</sup> Emily Smith-Williams age band C pb  
14<sup>th</sup> Alex Gibbons age band D  
15<sup>th</sup> Kimberley Mann age band E pb  
19<sup>th</sup> Ellie Davies age band C pb

**Event 12 Male 50m butterfly**

1<sup>st</sup> Joseph Iacovides age band C  
2<sup>nd</sup> Darren Barber age band I  
4<sup>th</sup> Joshua Sullivan (NSC) age band H  
9<sup>th</sup> Joshua Holman age band I

**Event 13 female 50m backstroke**

2<sup>nd</sup> Keely Saville age band A pb  
2<sup>nd</sup> Adele Jolley Age band H  
4<sup>th</sup> Carey Davis age band E  
5<sup>th</sup> Aleicia smith Age band A  
6<sup>th</sup> Emily Sharp age band B pb  
8<sup>th</sup> Sophie Iacovides age band E  
9<sup>th</sup> Rachel Sullivan age band E  
10<sup>th</sup> Emma Bond age band E  
15<sup>th</sup> Anya Bennett age band C pb  
19<sup>th</sup> Ellie Davies age band C  
19<sup>th</sup> Alex Gibbons age band D pb

**Event 14 male 50m breast stroke**

1<sup>st</sup> Darren Barber age band I  
3<sup>rd</sup> Joseph Iacovides age band C  
4<sup>th</sup> James Smith age band F  
6<sup>th</sup> Joshua Holman age band I  
7<sup>th</sup> Austin Evans age band B

**Event 15 Female 50m freestyle**

4<sup>th</sup> Keely Saville age band A  
5<sup>th</sup> Carey Davis age band E  
6<sup>th</sup> Sophie Iacovides age band E pb  
7<sup>th</sup> Anya Bennett age band C pb  
8<sup>th</sup>= Emily sharp age band B pb  
10<sup>th</sup> Beatrix Bridge age band B pb  
10<sup>th</sup> Emma Bond age band E  
13<sup>th</sup> Rachel Sullivan age band E pb  
14<sup>th</sup> Ellie Davies age band C  
15<sup>th</sup> Emily Smith-williams age band C pb  
16<sup>th</sup> Alex Gibbons age band D  
17<sup>th</sup> Kimberley Mann age band E pb

**Event 16 Final female 100m individual medley.**

Qualifying in 8<sup>th</sup> fastest place for the final, Carey Davis produced a personal best time of 1.15.23 to finish in 5<sup>th</sup> place overall

### **Event 17 Male 4 x 50m freestyle relay**

5<sup>th</sup> place Team Daventry Dolphins:

Darren Barber / Jack Bond / James Smith / Joshua Holman

### **Event 17 Female 4 x 50m freestyle relay**

6<sup>th</sup> place Team Daventry Dolphins

Sophie Iacovides (personal best time 30.62 swimming 1<sup>st</sup> leg)

Emma Bond / Rachel Sullivan / Carey Davis

A super swim from all the girls who are all aged 13 years.

## **Saturday 19<sup>th</sup> March 2011**

The final 2 days of competition over the weekend 19<sup>th</sup> /20<sup>th</sup> March 2011 saw the pool set up for 50m long course swimming with 100m, 200m and 400m events being swum.

Daventry Dolphins Club President Mrs Lesley Sharp was honoured to host Daventry Town Mayor Councillor Glenda Simmonds and her escort Mr Simmonds on behalf of the Northamptonshire Amateur Swimming Association to watch the Competition during session 5. They witnessed some very fast swimming by the Dolphins swimmers. The Mayor personally took time to speak to the Head Coach Rob Sharp and the competitors to congratulate them on their achievements.

A reminder that Swimmers for the British Age Group Categories (BagCats) Girls 9-13yrs / Boys 9-14yrs.

In the BagCats age groups swimmers compete for points and at the end of the Championships, the points are tallied to determine the overall best swimmer

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Results are once again reported in event order.

### **Event 19 400m male Individual medley**

2<sup>nd</sup> Joseph Iacovides age band C pb

Club record subject to ratification

### **Event 20 100m female backstroke (all competitors age band E)**

3<sup>rd</sup> Carey Davis pb

4<sup>th</sup> Sophie Iacovides

7<sup>th</sup> Emma Bond pb

8<sup>th</sup> Rachel Sullivan

### **Event 22 200m Breaststroke female**

3<sup>rd</sup> Kimberley Mann Age band E 8th overall  
5<sup>th</sup> Carey Davis Age band E pb  
7<sup>th</sup> Sophie Iacovides Age band E  
4<sup>th</sup> Anya Bennett Age band C  
5<sup>th</sup> Emily Smith-Williams Age band C pb  
7<sup>th</sup> Alex Gibbons Age band D pb

**Event 23 200m male freestyle**

3<sup>rd</sup> Jack Bond Age band E pb  
4<sup>th</sup> Joseph Iacovides Age band C pb

**Event 24 200m female individual medley**

4<sup>th</sup> Sophie Iacovides Age band E pb  
5<sup>th</sup> Carey Davis Age band E  
6<sup>th</sup> Emma Bond Age band E pb  
10<sup>th</sup> Rachel Sullivan age band E pb  
11<sup>th</sup> Kimberley Mann age band E  
11<sup>th</sup> Alex Gibbons age band D pb  
8<sup>th</sup> Emily Sharp Age band B pb  
14<sup>th</sup> Anya Bennett age band C pb

**Event 26 Female All ages 100m backstroke final**

7<sup>th</sup> Carey Davis pb

**Event 27 400m freestyle female**

3<sup>rd</sup> Emma Bond (E) pb  
5<sup>th</sup> Carey Davis (E)  
6<sup>th</sup> Rachel Sullivan (E) pb  
9<sup>th</sup> Emily Sharp (B) pb

**Event 28 100m male Breaststroke**

1<sup>st</sup> Darren Barber (I)  
8<sup>th</sup> James Smith (F) pb

**Event 29 100m female freestyle**

3<sup>rd</sup> Sophie Iacovides (E) pb  
5<sup>th</sup> Laura Collins (I)  
6<sup>th</sup> Carey Davis (E)  
9<sup>th</sup> Emma Bond (E)  
11<sup>th</sup> Rachel Sullivan (E)  
12<sup>th</sup> Alex Gibbons (D)  
14<sup>th</sup> Ellie Davies (C)

**Event 30 200m male backstroke**

2<sup>nd</sup> Jack Bond (E) pb  
6<sup>th</sup> Joseph Iacovides (C)

**200m female butterfly**

2<sup>nd</sup> Emma Bond (E) pb

**Event 32 Male 100m breaststroke final**

Qualifying for the final in first place in a very comfortable time, Darren Barber won the event in convincing fashion

**Event 34 Boys 4 x 100m medley relay**

5<sup>th</sup> Team Daventry (Jack Bond / Darren Barber/Josh Holman /James Smith

**Event 35 Girls 4 x 100m medley relay,**

4<sup>th</sup> Team Daventry agonisingly pipped to 4<sup>th</sup> place by a mere one tenth of a second.....(Carey Davis / Kimberley Mann/ Emma Bond / Sophie Iacovides)

**Sunday 20<sup>th</sup> March 2011**

**Event 36 400m female individual medley**

6<sup>th</sup> Sophie Iacovides (E) pb

**Event 37 100m male backstroke**

3<sup>rd</sup> Harry Ballmann (G) pb

2<sup>nd</sup> Jack Bond (E) pb

**Event 38 100m female butterfly**

3<sup>rd</sup> Emma Bond (E)

**Event 39 200m male breaststroke**

1<sup>st</sup> Darren Barber (I)

4<sup>th</sup> Joseph Iacovides (C)

**Event 40 200m female freestyle**

3<sup>rd</sup> Laura Collins (I)

4<sup>th</sup>Carey Davis (E)

6<sup>th</sup> Emma Bond (E)pb

8<sup>th</sup> Rachel Sullivan (E)pb

9<sup>th</sup> Emily Sharp (B)pb

9<sup>th</sup> Sophie Iacovides (E)

14<sup>th</sup> Ellie Davies (D)pb

**Event 41 200m Individual medley male**

6<sup>th</sup> Jack Bond (E) pb

3<sup>rd</sup> Joseph Iacovides (C)

**Event 43 Male all ages 100m backstroke final**

1<sup>st</sup> Joshua Sullivan (NSC)

**Event 44 400m male freestyle**

2<sup>nd</sup> Joshua Sullivan (H-NSC)

4<sup>th</sup> Jack Bond (E)

4<sup>th</sup> Joseph Iacovides (C) pb

**Event 45 100m female breaststroke**

3<sup>rd</sup> Anya Bennett (C) pb  
3<sup>rd</sup> Kimberley Mann (E) pb  
5<sup>th</sup> Emily Smith-Williams (C)pb  
5<sup>th</sup> Alex Gibbons (D)pb  
5<sup>th</sup> Sophie Iacovides (E)

**Event 46 100m male freestyle**

2<sup>nd</sup> Jack Bond (E) pb  
7<sup>th</sup> Harry Ballmann (G) pb

**Event 47 200m female back stroke**

3<sup>rd</sup> Carey Davis (E)  
4<sup>th</sup> Rachel Sullivan (E)  
5<sup>th</sup> Emily Sharp (B) Club record subject to ratification  
6<sup>th</sup> Emma Bond (E)  
8<sup>th</sup> Sophie Iacovides (E)

**Event 48 200m male butterfly**

1<sup>st</sup> Joseph Iacovides (C)

**Event 50 Male all ages 100m freestyle final**

3<sup>rd</sup> Joshua Sullivan (H- NSC)

**Event 51 Girls 4 x 100m freestyle relay**

4<sup>th</sup> Team Daventry (Carey Davis / Emma Bond / Rachel Sullivan / Sophie Iacovides)

**Event 52 Boys 4 x 100m freestyle relay**

6<sup>th</sup> place Team Daventry (Jack Bond / Harry Ballmann / Joseph Iacovides / Darren Barber)

To determine the BagCat and Age Group awards, at the conclusion of all the racing, the points were tallied to reveal the overall age groups highest point scorers. Daventry Dolphins are delighted to announce the following placings:

**9yrs:**

6<sup>th</sup> Girls Keely Saville 197 points  
9<sup>th</sup> Alecia Smith 181 points

**10yrs Girls**

7<sup>th</sup> Emily Sharp 1101 points  
20<sup>th</sup> Bea Bridge 238 points  
22<sup>nd</sup> Hannah MacCaig 206 points

**10yrs Boys**

15<sup>th</sup> Austin Evans 127 points

**11yrs Boys**

3<sup>rd</sup> Joseph Iacovides 1026 points

**11yrs Girls**

13<sup>th</sup> Anya Bennett 1349 points  
15<sup>th</sup> Emily Smith-Williams 1174 points  
16<sup>th</sup> Ellie Davies 1043 points

**12yrs girls**

15<sup>th</sup> Alex Gibbons 1259 points

**13yrs girls**

4<sup>th</sup> Girls Carey Davis 2258 points  
6<sup>th</sup> Girls Sophie Iacovides 2106 points  
9<sup>th</sup> Emma Bond 2050 points  
10<sup>th</sup> Rachel Sullivan 1914 points  
11<sup>th</sup> Kimberley Mann 1449 points

**13yrs Boys**

4<sup>th</sup> boys Jack Bond 1685 points

**14yrs Boys**

11<sup>th</sup> James Smith 967 points

**15yrs Boys**

7<sup>th</sup> Harry Ballmann 1705 points

**16yrs Girls**

5<sup>th</sup> Adele Jolley 745 points

**17+Boys**

3<sup>rd</sup> Darren Barber 2621 points  
13<sup>th</sup> Joshua Holman 1905

**17+girls**

12<sup>th</sup> Laura Collins 721 points

Darren Barber was the Breaststroke 'King' winning all 3 senior titles at 50m / 100m and 200m distances.

39 personal best times were recorded. Club records have been rewritten but they are currently being verified.

After the whole competition had ended, Head Coach Rob Sharp mused "a lot of hard work and preparation has gone in over the last 18 months, not only by me, but by the rest of the coaching staff, that help deliver a fantastic programme of swimming. It's been great to have swimmers from our development section (equivalent of Stages 8, 9 and 10 on the National Teaching Programme), attaining not only Top 6 positioning, but to be coming away with firsts, seconds, and third places within their respective age groups is extremely pleasing. Again in the older age groups to gain more Top 3 places, shows the massive improvement each swimmer has made to achieve these aspirations. To be a top competitive swimmer, a lot of dedication is needed and these swimmers are pushing themselves through up to 10 hours of training a week at present, alongside other commitments, whether it is academic or other hobbies, and to see all of this effort paying off is magnificent."

