

Daventry Dolphins Swimming Club news by Lesley Sharp

It has been a busy time for Dolphins swimmers over the Easter and May Day weekends as they tried to gain qualification times for the forthcoming Regional age groups championships

Pb =Personal best

CR= club record to be ratified

MRQT= Midland regional qualifying time

Portsmouth Northsea Open Meet

Emma Bond competed in the 800m freestyle event finishing 7th in her age group in a new personal best time of 10.10.18., knocking more than 5 seconds of since the NASA Championships in February. She is now closing in on Nichola Smiths longstanding record of 10.09.25 which was set before she was born.....

City of Birmingham Open Meet

Daventry Dolphins Swimmers, siblings Joseph Iacovides (11yrs) and Sophie Iacovides (13yrs) competed at the City of Birmingham Open meet over the Easter Weekend both achieving personal best times in the events they had entered.

Josephs results:

6th place 400m individual medley: 5.58.87,pb (previous best 6.14.28 at the NASA Championships in March 2011) breaking his own 12/under Club record which is to be ratified. MRQT / **5th place 200m butterfly;** 2.57.64 pb (previous best 3.02.50) breaking Daniel Osborns' 12/under record (again, yet to be ratified) /**19th 200m backstroke:** 2.51.68 pb and MRQT

A great set of results which has qualified him to compete at the Midlands Regional Age Group Championships at Coventry in June

Sophies results:

11th place 400m individual medley 5.51.65 pb / 43rd 100m free 1.07.25 pb