

1st March 2010 – Daventry Dolphins News for February – Press Release

NASA County Championships – 1500m Freestyle – 13th February 2010

On Saturday 13th February, six Daventry Dolphins swimmers competed at the NASA Long Distance Combined Championships 2010 at the East Midlands International Pool in Corby.

This was the first event of this year's NASA County Championships and as with all County Championship events, in order to compete, the swimmers had to achieve a specific qualifying time. Any points gained on the evening for the 1500m freestyle event will go towards the competitors' overall points total once all the County Championship events have been swum.

The event was swum as a Long Course race, i.e. in a 50m rather than 25m pool, and the Dolphins swimmers with their placings are as follows: Carey Davis (5th), Sophie Iacovides (12th), Rachel Sullivan (13th) for the girls' event and Joshua Sullivan (4th), Daniel Osborn (12th) and Jack Bond (13th) for the boys' event. Placings are as per an Open event and are not broken down into age categories.

Peri Sprints – 14th February 2010

On Sunday 14th February Daventry Dolphins SC attended the Rugby S.C. Peri Sprints 2010 competition.

The gala afforded the younger, less experienced swimmers, the opportunity to experience competing at a venue other than Daventry and to experience the 'buzz' of swimming at a lively meet, alongside some of their more experienced team mates.

All swimmers were able to enter up to 5 races, consisting of 50m in all 4 strokes and a 100m Individual Medley. Medals were awarded to the fastest 3 swimmers in the 9 yrs/10 yrs/11 yrs/12 yrs/13 yrs/14 + over age categories.

An impressive total of 35 personal best times were achieved as follows:

Louise Balloch (3), Anya Bennett (4), Emma Bond (2), Alex Gibbons (4), Sophie Iacovides (2), Megan Jennings (5), Adele Jolley (3), Hannah MacCaig (3), Charlotte Mann (3), Kimberley Mann (2), Emily Sharp (1), Katie Ward (3).

10 year old Joseph Iacovides was awarded 3 gold medals and one silver medal for the 50m f/style, 50m fly, 100 I.M. and 50m backstroke respectively.

All swimmers performed exceptionally well and should be congratulated on the hard work that has led to them achieving their success.

NASA County Championships – 800m Freestyle – 27th February 2010

On Saturday 27th February, five Daventry Dolphins swimmers competed in the 800m freestyle event at the NASA Long Distance Combined Championships 2010 at the East Midlands International Pool in Corby.

As per the 1500m competition, reported on earlier, this event forms part of the annual NASA County Championships and as with all County Championship events, swimmers must achieve qualifying times in order to compete. Any points gained on the evening for the 800m freestyle event will go towards the competitors' overall points total once all the County Championship events have been swum.

Again, the event was swum as a Long Course race, i.e. in a 50m rather than 25m pool, and the Dolphins swimmers with their placings were as follows: Carey Davis (9th), Emma Bond (21st) for the girls' event and Joshua Sullivan (3rd), Daniel Osborn (16th) and Jack Bond (18th) for the boys' event. Placings are as per an Open event and are not broken down into age categories.

Club Championships Awards Presentation – 28th February

Daventry Dolphins held its 2009 awards presentation afternoon on Sunday 28th February at the Saxon Suite in Daventry Leisure Centre.

Awards were presented by Dolphins Chairman, Dieter Sullivan and Treasurer, Helen Osborn and compere for the afternoon, was Laura Sullivan.

The afternoon opened with the presentation of Club Record certificates to Joseph Iacovides, Sophie Iacovides and Joshua Sullivan and Benchmark certificates to Louise Balloch, Adele Jolley and Kimberley Mann.

Medals were then presented to Joshua Sullivan for achieving 3rd place overall in the 1500m freestyle County Championship event which took place on 13th February.

The main presentation then followed, with perpetual trophies and shields being presented by age category, to the winners of the individual races and overall age group winners at the Daventry Dolphins Club Championships, which took place in November. In addition, a trophy was presented to the top 3 swimmers in each age category for them to keep as a memento. A medal and certificate of participation was also presented to all competitors that took part.

Age group winners were as follows:

8/under female:	1 st Rachel Coates, 2 nd Caitlin Hanna, 3 rd Annabel Murphy
8/under male:	1 st Austin Evans, 2 nd George Iacovides, 3 rd Tom Other
10/under female:	1 st Anya Bennett, 2 nd Annabel Smith, 3 rd Ally Marshall
10/under male:	1 st Joseph Iacovides, 2 nd Jim Warren, 3 rd Chris Coelho
12/under female:	1 st Carey Davis, 2 nd Sophie Iacovides, 3 rd Frances Other
12/under male:	1 st Jack Bond, 2 nd Daniel Osborn, 3 rd James Smith
14/under female:	1 st Molly-May Allinson, 2 nd Adele Jolley, 3 rd Sarah Bennett
14/under male:	1 st Harry Ballmann
15/under female:	1 st Anna Bennett, 2 nd Louise Balloch
15/under male:	1 st Darren Barber, 2 nd Joshua Sullivan, 3 rd Jacob Mitchell

Trophies were also awarded for the male and female winners of the Open 200m Individual Medley event which took place on the same evening. The top three placings were as follows:

1st: Darren Barber
2nd: Jack Bond
3rd: Daniel Osborn

1st: Carey Davis
2nd: Sophie Iacovides
3rd: Emma Bond

400m Club Championships winners' trophies were awarded as follows. This event took place on 7th December 2009:

12/under boys: Daniel Osborn
15/under boys: Joshua Sullivan
16/over boys: Darren Barber

12/under girls: Sophie Iacovides
15/under girls: Sarah Bennett
16/over girls: Anna Bennett

800m Club Championships winners' trophies were awarded as follows. This event took place on 15th November:

12/under boys: Daniel Osborn
14/under boys: Joshua Sullivan

12/under girls: Carey Davis
14/under girls: Adele Jolley

1500m Championships winner's trophies were awarded as follows. This event took place on 13th December 2009:

15/under boys: Joshua Sullivan
15/under girls: Carey Davis

The Rachel Parkin trophy for the swimmer with the most improved personal best time at the Club Championships, was awarded to Sarah Bennett, for an amazing 14 second pb on her 100m freestyle.

Laura Sullivan conveyed sincere thanks on behalf of Daventry Dolphins to Soll Leisure for their continued support of the Club.

Head Coach, Rob Sharp expressed his delight at the continued progress of the swimmers and commented on how fantastic it was to watch the Club Championships and to coach swimmers who were clearly enjoying their swimming. He also expressed his thanks to the parents for their continued support.

For full details of swimmers' times and overall positions, please see our website:
www.daventrydolphins.co.uk.



NASA County Championships 2010

Daventry Dolphins Swimming Club is delighted to have 25 swimmers competing in 144 events at this year's NASA County Championships. Listed below, are the competitors who will be representing Daventry Dolphins:

Boys: Harry Ballman, Darren Barber, Jack Bond, Joshua Holman, Joseph Iacovides, William Leong, Daniel Osborn, James Smith, Joshua Sullivan, Josh Wilson

Girls: Anya Bennett, Emma Bond, Ellie Davies, Carey Davis, Alex Gibbons, Katie Holman, Sophie Iacovides, Megan Jennings, Grace Leong, Ally Marshall, Kimberley Mann, Emily Sharp, Annabel Smith, Emily Smith-Williams, Rachel Sullivan

Congratulations and good luck to the above swimmers for the forthcoming competitions.

The Championships will take place on 6th and 7th March at Daventry Leisure Centre and 13th and 14th March at the East Midlands International Pool, Corby.

For anyone interested in finding out about the world of competitive swimming, why not come along and watch the excitement for yourself and maybe cheer on your local swimmers? Entry is just £2.00 on the door.