

Joshua Sullivan Competes at the Midland Youth Championships – Press Release 9th May 2010

On Saturday 1st and Sunday 2nd May, Joshua Sullivan of Daventry Dolphins Swimming Club, competed at the Midland Youth Championships, held at Coventry Sports and Leisure Centre.

In order to compete at these Championships, Joshua, aged 15, was required to reach certain qualifying times, for which he has worked very hard throughout the year.

In total, he qualified for an impressive six events and achieved the following times (note these are unconverted Long Course times):

<i>400m Freestyle:</i>	4.31.44
<i>100m Backstroke:</i>	1.05.71 (reserve for finals of this event)
<i>100m Freestyle:</i>	58.95
<i>200m Freestyle:</i>	2.06.90
<i>50m Backstroke:</i>	31.96 (reserve for finals of this event)
<i>50m Freestyle:</i>	27.82

All events were swum in the Mens' 15/16 Yrs age category.

Joshua's next ambition is to achieve a national qualifying time, which would afford him the opportunity to compete at the National Youth Championships at Ponds Forge, Sheffield.

Daventry Dolphins are very proud to have had one of their swimmers competing at these Championships and look forward to following Joshua's progress towards the national circuit.

Head Coach, Rob Sharp said "it was pleasing to have a swimmer close to making finals for this competition; unfortunately Joshua was put into the outside lanes for his races, which meant he was at a bit of a disadvantage. However next year, our aim will be to take things a step further and consistently make the top 8 for his age group. It was also unfortunate that we as a club missed out on the chance of winning medals in at least 2 breaststroke events, with Darren Barber unable to attend due to work commitments. Hopefully the club will have a district medallist next year, something which hasn't been seen since the early 2000's, when Saffa Dehghani won gold for the 50m breaststroke."

Dolphins Compete in Wales and Spalding

Also on 1st/2nd May, Joseph and Sophie Iacovides, travelled to Wales to compete at the Newport Open Meet, where they achieved the following personal best times:

Sophie:

<i>200m F/style:</i>	2.35.73
<i>100m F/style:</i>	1.09.98
<i>200m Breaststroke:</i>	3.24.02

Joseph:

<i>200m F/style:</i>	2.36.42 (Regional Qualifying Time and Club record)
<i>200m Fly:</i>	3.10.29 (Regional Qualifying Time and Club record)

Joseph, aged 10, is now eligible to compete in nine events at the forthcoming Midland Age Group Championships, taking place in Coventry during the first two weekends of June. This will be the first time that he has been old enough to compete at this competition and again, Daventry Dolphins are very proud to see another of their swimmers competing at this level.

During the same weekend, Kimberley Mann travelled to Spalding to compete at the 26th Tulip Open Meet. She achieved the following personal best times:

100m F/style: 1.21.45

100m Ind. Medley: 1.31.93

100m Breaststroke: 1.36.15

Kimberley reached the finals of the 100m breaststroke event with a heat time of 1.36.15 and came 6th overall in the Girls 12 year olds category with a finals time of 1.36.78.