

Daventry Dolphins in Action at the Rugby Open Meet – Press Release – April 2010

During the weekend of 10/11th April, fifteen Daventry Dolphins swimmers competed at the Rugby SC Open Meet 2010 at the Ken Marriott Leisure Centre, Rugby.

In total, an amazing 62 personal best times were achieved out of a total of 80 swims completed, with swimmers gaining the following top place medals:

Anya Bennett: 50 breast - level 3: Age Band A – 9/10 yrs- gold medal (46.59)

Emma Bond: 50 free – level 3: Age Band B – 11/12 yrs – gold medal (34.50)

200 free – level 3: 13/under - silver medal (2.38.65)

400 free – level 3: 13/under – silver medal (5.39.34)

Jack Bond: 100 back – level 2: Age Band B – 11/12 yrs - bronze medal (1.17.55)

Ellie Davies: 50 free – level 3: Age Band A - 9/10 yrs - bronze medal (37.63)

Sophie Iacovides: 400 IM - level 3: 13/under - silver medal (6.22.92)

Kimberley Mann: 100 breast - level 3: Age Band B – 11/12 yrs – bronze medal (1.37.82)

Daniel Osborn: 200 free – level 3: 13/under – gold medal (2.27.30)

200 fly – level 3: 13/under – gold medal (3.00.18)

400 free - level 3: 13/under – silver medal (5.18.55)

400 IM – level 3: 13/under – gold medal (5.59.98)

James Smith: 100 breast – level 3: Age Band C – 13/14 yrs – gold medal (1.27.51)

200 breast – level 3: 13/under – silver medal (3.10.46)

200 back – level 3: 13/under – silver medal (2.58.23)

Joshua Sullivan: 100 free – level 2: Age Band D – 15/over – gold medal (56.38)

100 back - level 2: Age Band D – 15/over – silver medal (1.04.08)

100 fly – level 2: Age Band D – 15/over - bronze medal (1.05.99)

200 back – level 2: 14/over – silver medal (2.23.25)

200 free – level 2: 14/over - gold medal (2.02.57)

Rachel Sullivan: 100 free – level 3: Age Band B – 11/12 yrs – bronze medal (1.14.68)

Club Records were achieved by the following swimmers:

Jack Bond: 100m backstroke (1.17.55)

Joseph Iacovides: 200m backstroke (2.59.67), 200m freestyle (2.37.34), 200m IM (3.00.39), 200m fly (3.18.93)

Joshua Sullivan: 200m backstroke (2.17.94), 200m freestyle (2.02.57)

In addition, Joseph Iacovides came within 0.3 seconds of a Regional Qualifying time in the 200m breaststroke, taking 8 seconds off his previous best time.

Head Coach, Rob Sharp was delighted with the performance of all swimmers and was particularly impressed with the number of personal best times achieved, particularly since many of the swimmers had managed to improve upon times gained at the County Championships just last month.

For details of all times achieved by Dolphins swimmers, please visit our website:
www.daventrydolphins.co.uk